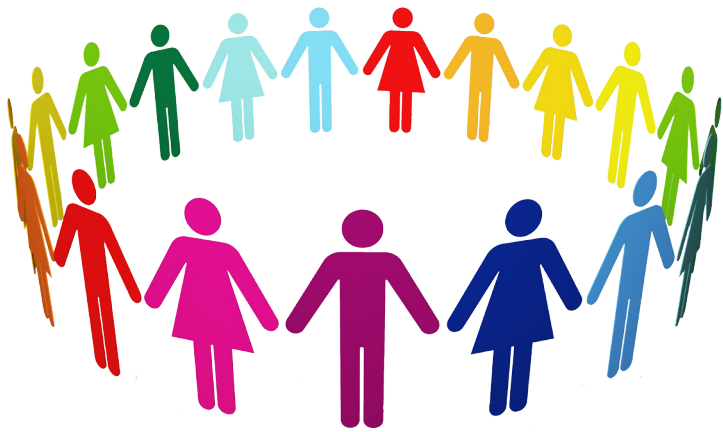




NORTHERN MICHIGAN
COMMUNITY
HEALTH
INNOVATION
REGION



COMMUNITYconnections

Get Connected to Community Resources for Adults, Children and Families

What is COMMUNITYconnections?

- It's a FREE program offering connections to community resources for adults, children, and families.
- Services are provided through phone calls, home visits, and office visits
- Services are delivered by a Community Health Worker, a Registered Nurse, and/or a Social Worker

Who is eligible?

- Any Adult, Child or Family living in Antrim, Benzie, Charlevoix, Emmet, Otsego, Cheboygan, Montmorency, Presque Isle, Grand Traverse, Leelanau, Crawford, Kalkaska, Lake, Mason, Mecosta, Newago, Oceana, Missaukee, Manistee, or Wexford Counties.

What are the benefits of participating?

- Participants receive connections to health care, dental care, and other community resources.
- Participants are more in control of their health.

How do I contact COMMUNITYconnections?

You may be referred by a physician or you can call one of the numbers below:

HUB	COUNTIES	NUMBER
District Health Department #10 HUB	Crawford, Kalkaska, Manistee, Missaukee, Wexford, Lake, Mason, Mecosta, Newago, Oceana	1-888-217-3904 (select option #3)
Grand Traverse Regional HUB	Grand Traverse, Benzie, Leelanau	1-833-674-2159
Northwest Michigan HUB	Antrim, Charlevoix, Emmet, Otsego	1-800-432-4121
	Cheboygan, Presque Isle, Montmorency	1-800-221-0294

COMMUNITYconnections

How does COMMUNITYconnections help adults, children and families?

Individuals will get help with access to medical care, transportation, food, utilities, education, classes and more! Participants may also get home visits from a health care provider (like a Nurse, Social Worker, or Community Health Worker) to assist with:

- Medical, dental care or mental health
- Finding you a doctor or dentist
- Finding transportation
- Enrolling you in health insurance
- Answering questions about wellness or being sick
- Getting food or a place to live
- Buying, fixing, and eating healthy foods
- Changes that you decide to make to be healthy, such as quitting or cutting down on smoking, alcohol, or drugs
- Your concerns about abuse or violence in your life
- Answering questions about family planning (birth control)
- Finding translation services
- Baby shots/immunizations
- Connecting you with community services, like GED education classes, employment opportunities, food pantries that give out food for free, the WIC food program, or heat and electricity resources

